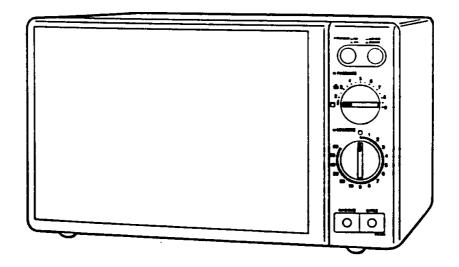
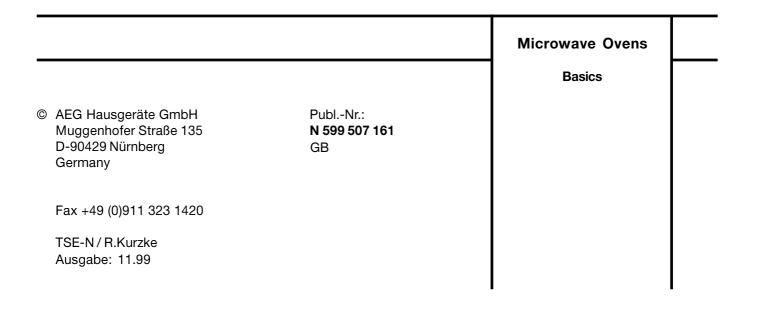


Technical Support Europe

# **BASIC TRAINING**

**Microwave Ovens** 





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# Welcome to the microwave basic training !

# **Microwave Technology - Advantages**

- time-saving cooking speed
- the taste (natural flower)
- healthy cooking, no fat used, no loss of vitamins
- energy saving, no pre-heating, time-saving speed
- quick and problem free defrosting
- less washing up, foot cooked in the serving dish
- easy to clean
- easy to use



## FREQUENCY

The frequency indicates the number of oscillations (or periods) per second of an electric current and electromagnetic waves.

Usuall units :

| - hertz     | (Hz)  | = | 1 period per second |
|-------------|-------|---|---------------------|
| - kilohertz | (KHz) | = | 10 <sup>3</sup> Hz  |
| - megahertz | (MHz) | = | 10 <sup>6</sup> Hz  |
| - gigahertz | (GHz) | = | 10º Hz              |
| - terahertz | (THz) | = | 10 <sup>12</sup> Hz |

CLASSIFICATION OF FREQUENCY BANDS :

| 3 - 30     | KHz VLF | Very low frequency   | telephone                |
|------------|---------|----------------------|--------------------------|
| 30 - 300   | KHz LF  | Low frequency        | ultrasounds              |
| 300 - 3000 | KHz MF  | Frequency modulation | radio                    |
| 3 - 30     | MHz HF  | High frequency       | radio, broadcasting      |
| 30 - 300   | MHz VHF | Very high frequency  | TV, broadcasting         |
| 300 - 3000 | MHz UHF | Ultra high frequency | radar, <i>microwaves</i> |
| 3 - 30     | GHz SHF | Super high frequency | satellites               |

The broadcasting frequency for microwaves in the UHF band has been established by an international regulation.

To avoid any disturbance being caused to hertzian broadcasts, telecommunications or radio, the frequency of microwave ovens has to be:



#### WAVE LENGTHS

Whatever the frequency, all electromagnetic waves travel at the speed of light, which is :

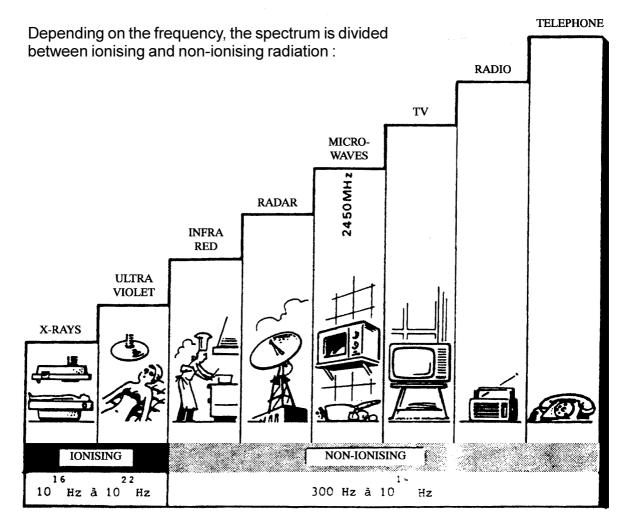
300,000 Km/sec.

The wave length is the distance covered by a wave during a period.

For a microwave, this is :

<u>Speed of light(Km/s)</u> = <u>300.000 Km/s</u> = 0,0001224 Km = **12,24cm wave lengths** Frequency (Hz) 2.450.000.000 Hz

## **RADIATION SPECTRUM**



Microwaves belong to the NON-IONISING group.

As a result, there is **no radioactive effect**, either on food products placed inside the oven or on people accidentally exposed to radiation.

The radioactive phenomena of ionising radiation are given off at much higher frequencies.

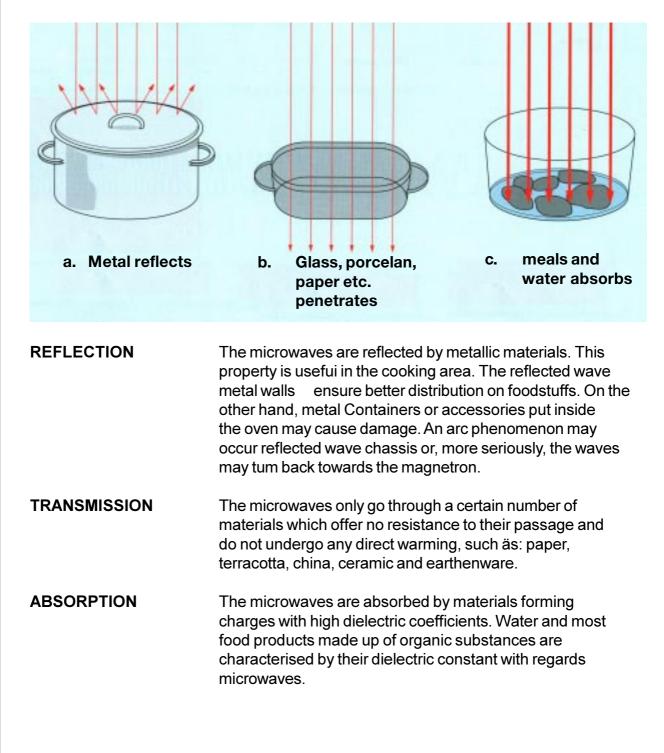
However, people accidentally exposed to microwaves may feel and localised harmless Sensation of warming. In any case, and whatever the power of emission, the temperature given off will not exceed : **100°C**.

## BASES

The energy used to heat and cook foods comes in the form of electromagnetic waves comparable to waves of the same type used in radio, television and radar.

Their emission frequency is **2450 Mhz.** It can be deduced that the energy transmitted vibrates **2,450,000,000** times per second.

When the microwaves come into contact with a substance, one of the following reactions can be observed, or a combination:



#### Suitable ovenware

| Ovenware material   | Mode of Operation |         |         |
|---|-------------------|---------|---------|
|   | Defrosting        | Heating | Cooking |
| Ovenproof glass and ceramic<br>dishes (without any metal parts,<br>e.g. Pyrex, Oven-to-tableware) | x                 | x       | x       |
| Non ovenproof glass and porcetain (e.g. table crockery) <sup>1</sup> )                            | X                 | -       | -       |
| Glass ceramic and vitro-ceramic<br>made of fire/frost proof material<br>(e.g. Arcoflam)           | X                 | X       | x       |
| Ovenproof earthenware <sup>2</sup> )  | x                 | X       | х       |
| Plastic, heat-resistant up to 200°C <sup>3</sup> )  | X                 | X       | x       |
| Paper, cardboard  | x                 | -       | -       |
| Clingfilm   | X                 | -       | -       |
| Microwave ding film 3)  | X                 | X       | x       |
| Black-lacquered orsilicone-coated baking tins   | -                 | -       | -       |

X suitable - non suitable

<sup>1</sup>) excluding silver, gold, platinum or metal decoration
 <sup>2</sup>) does not include glaze containing metal
 <sup>3</sup>) please note the maximum temperature stated by the manufacturer

## PENETRATION

The interaction between the electromagnetic field and the molecules in the substances causes a dielectric loss or energy loss, expressed in **W/cm<sup>2</sup>**. Consecutively, the energy absorbed causes the molecules to move, and thus heat to be given off, which is required for cooking.

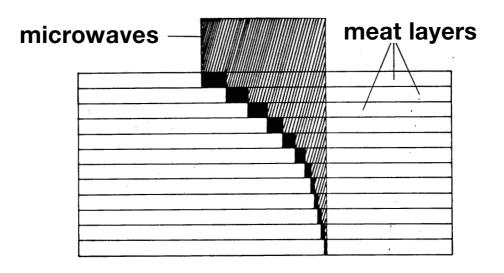
In the same way as the electric current in a conductor circuit, the microwaves pass through the air and conductive materials until they meet a resistant charge with a high dielectric coefficient, such as water or food products.

The electromagnetic field develops intense molecular activity inside the foods. The energy, transmit-ted under **2450 Mhz** causes the molecules to vibrate which tend to line up in the field and invert **4,900,000,000** times per second.

#### HEAT IN GENERATED BY THE MOLECULES RUBBING TOGETHER.

This heat effect is therefore the result of the interaction between the microwaves and the water molecules contained in food products.

The extent to which microwaves penetrate food products is linked to the power of the transmitter. The direct heat action is very intense on the surfäce and in the first layers. As the thickness increases, pene-tration is progressively lower.



Heating continues to the core simply by the physical phenomenon of conduction.

Compared to other cooking principles. it should be noted that:

- foods are cooked directiy and instantly,
- The oven walls and Containers are not heated directly by the microwave energy, but simply undergo heating by conduction.

## **ELECTROMAGNETIC ACTION**

The molecules of different bodies are made up of one or several positively charged cores and one or several negatively charged electrons, and are therefore polarised.

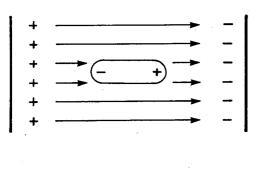
Let us place these molecules between two frames connected to a source of direct current.

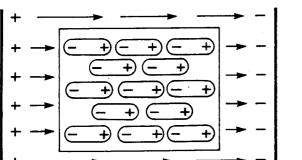
The molecules move in a certain direction depending on the direction of the electromagnetic field produced by the plates.

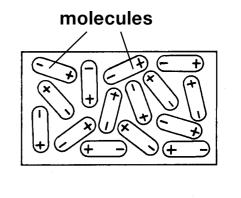
Let us replace the direct current with alternating current.

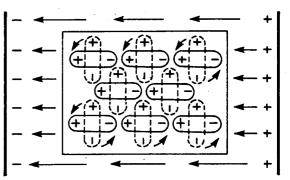
The higher the frequency, the faster the electrons move.

In a body the molecules are dose together and in high numbers. Thus when they rub together the matter will be heated.





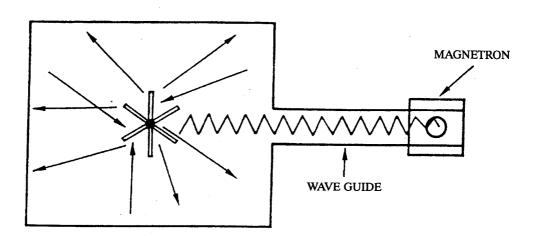




#### WAVE GUIDE

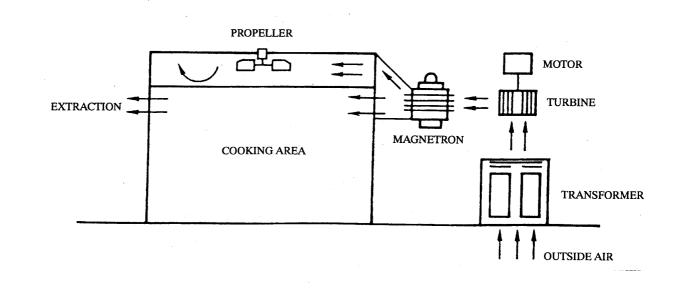
The microwaves generated by the magnetron are taken towards the cooking area via a duct knownas:

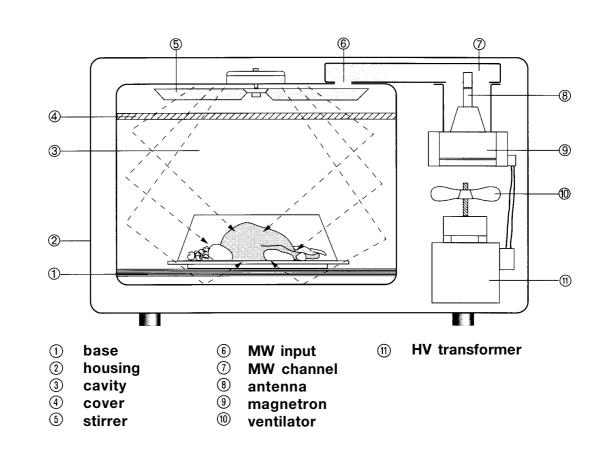
THE WAVE GUIDE.

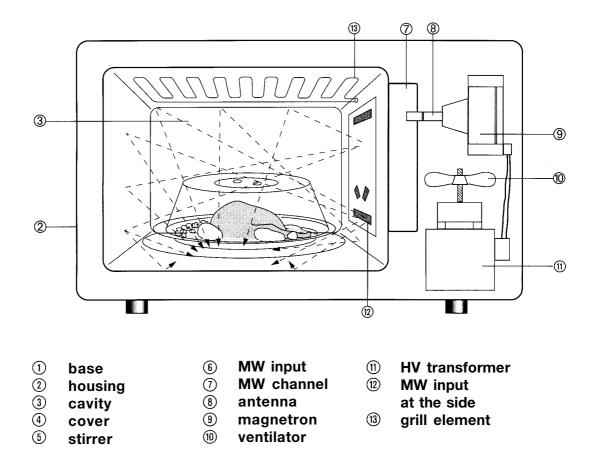


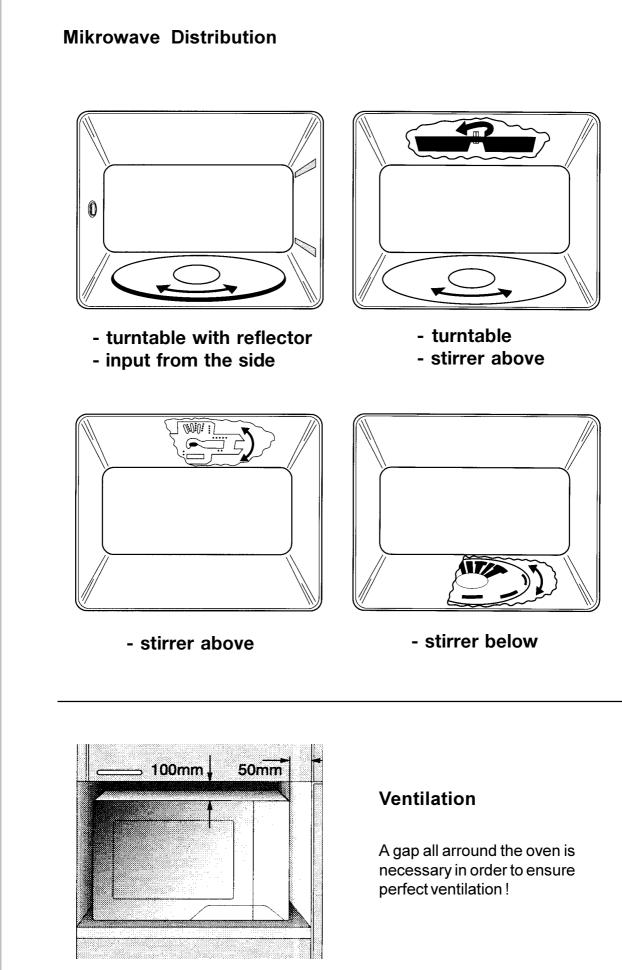
## WAVE MIXER

The wave mixer ensures that the electromagnetic field is distributed inside the cooking area. Its action is completed by the oven walls which reflect the waves. It is made up of an aluminium propeller with six blades, whose shape is specific to each of the three symmetrical pairs. It is fixed to the top by means of a plastic hub. It is caused to rotate (at a speed of about 50 rpm) by the 'draught' coming from the fan.







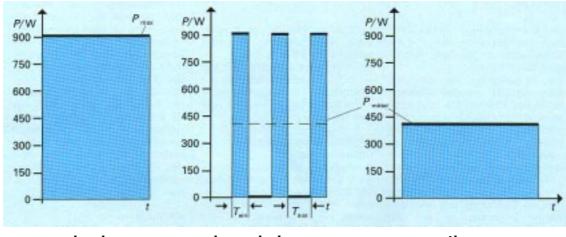


## Power

A magnetron only works "full poiwer".

To get a regulation, the power cycles (on/off).

The effective result is like a continuous power.



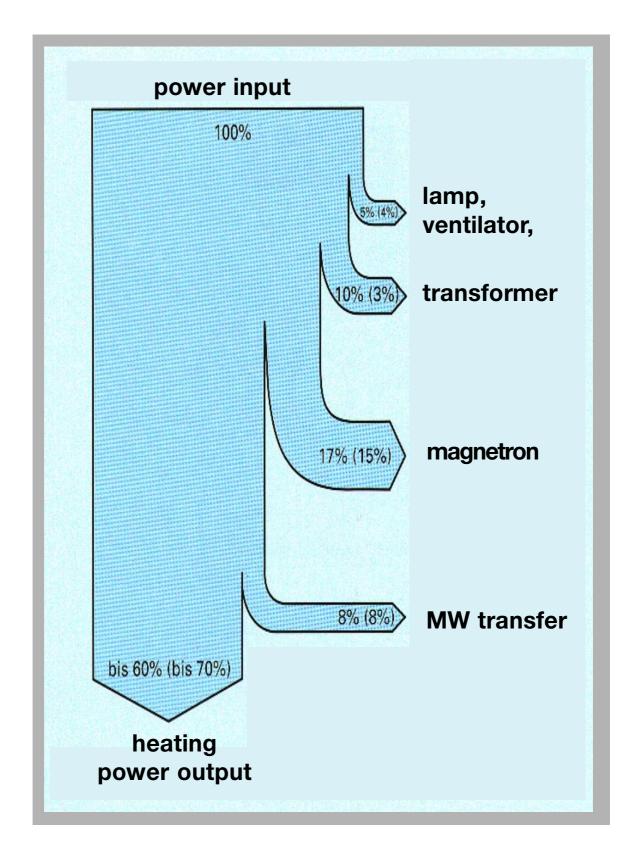
a. maximal power

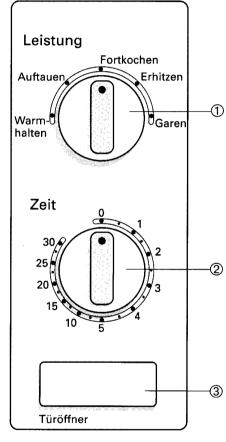
b. cycled power

c. continuous power

| POWER LEVEL | OUTPUT POWER<br>AGAINST FULL POWER | RELAY "1" TURN ON, OFF TIME |
|-------------|------------------------------------|-----------------------------|
| 0           | 0/29 (0%)                          | ON 295                      |
| 1           | 3/29 (10%)                         | ON                          |
| 2           | 5/29 (17%)                         | ON                          |
| 3           | 8/29 (28%)                         |                             |
| 4           | 11/29 (38%)                        | ON +11S +<br>OFF            |
| 5           | 14/29 (48%)                        | ON                          |
| 6           | 17/29 (59%)                        |                             |
| 7           | 20/29 (69%)                        | ON 205                      |
| 8           | 23/29 (79%)                        | ON 235                      |
| 9           | 26/29 (90%)                        | ON 265                      |
| н           | 29/29 (100%)                       | ON                          |

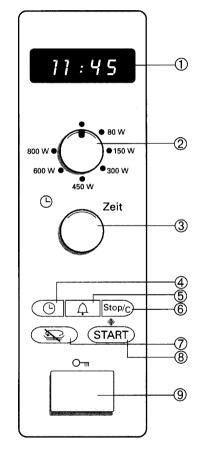
## **Flow of Power**





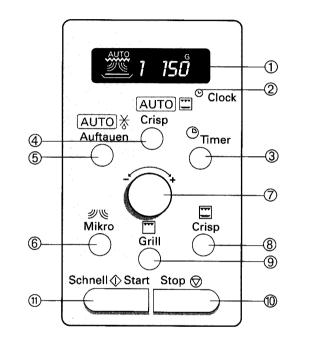
#### mechanic timer

- 1. power
- 2. timer
- 3. door opener



"easy to use" electronic

1.display4-8.start knob2.power+ features3.timer9.door opener

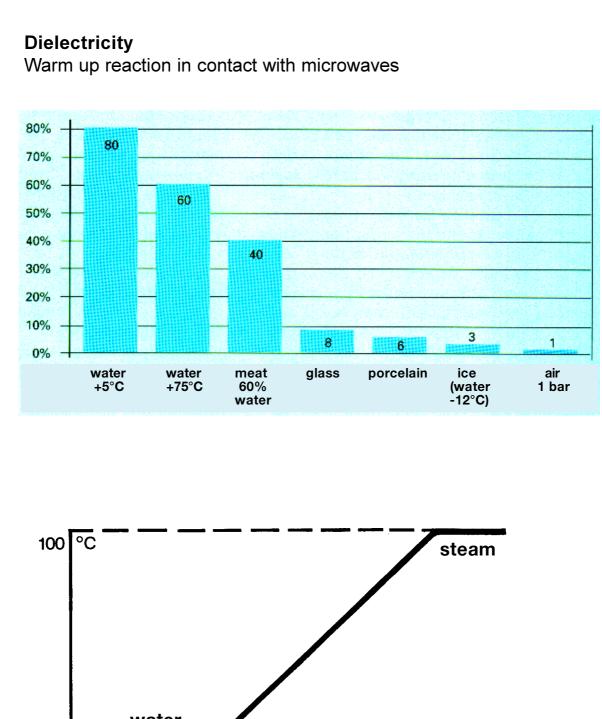


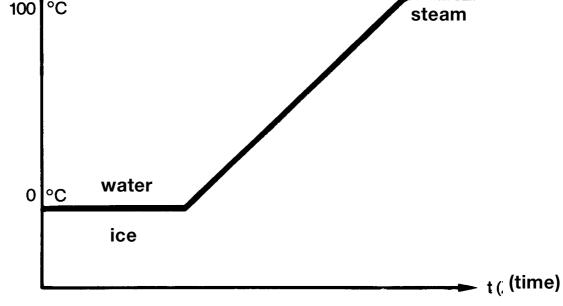
#### electronic with grill

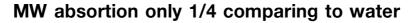
- 1. display
- 2. clock
- 3-5. features
- 6. power
- 7. timer
- 8+9. features
  - 10. stop
- 11. start

# Different Switch-Panels

Electrolux Technical Support Europe

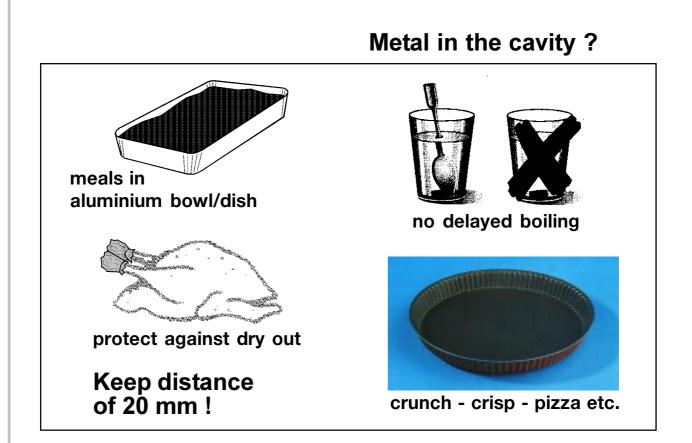






Publ. N 599 507 161

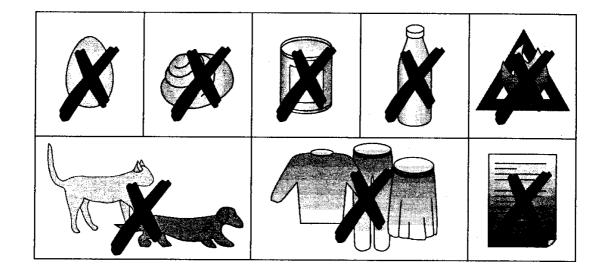
TSE-N 11.99 R.



Whenever heating liquid, please also place a teaspoon in the container to avoid delayed boiling. During delayed boiling, the boiling temperature is attained without the typical steam bubbles rising. When the Container is shaken, even but slightly, the liquid may then suddenly vigorously boil over or spurt - with the **risk of scalding the user**.

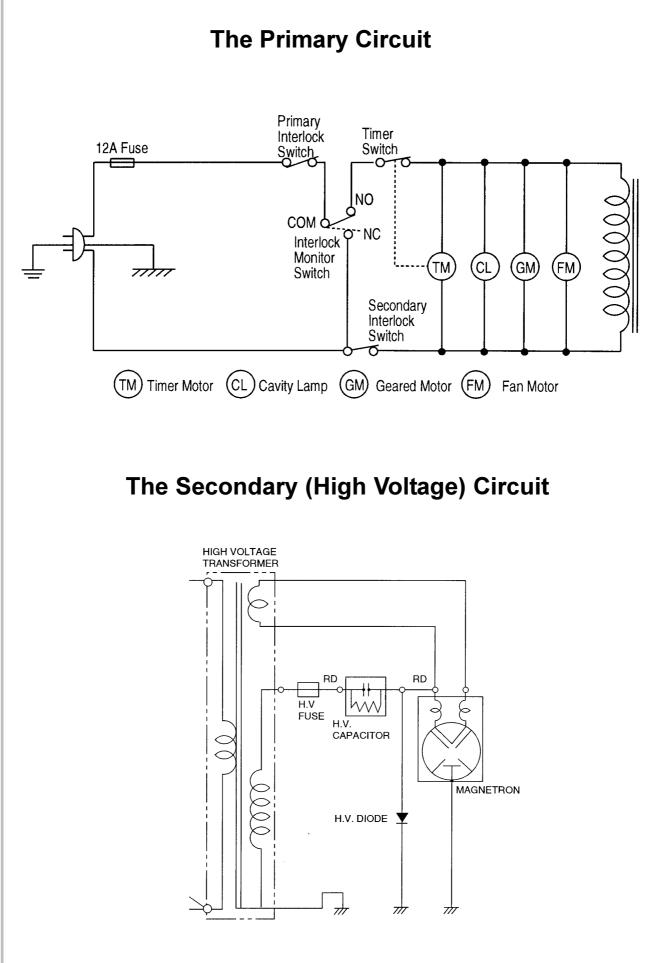
Food with «skin» or «peel», such as potatoes, tomatoes, sausages, and the like, should be pierced with a fork so that any steam present can escape and the food will not burst.

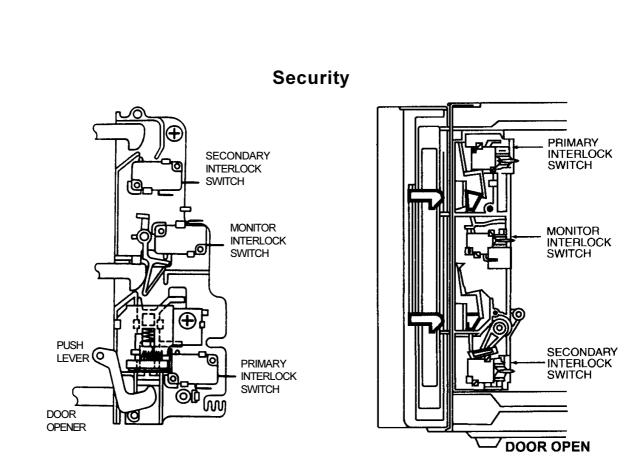
Make sure that a minimum temperature of 70°C is attained for the cooking/heating of food. Never use a mercury or liquid thermometer for measuring the temperature of the food.



## **Basics electric** Rectifier magnetron Ŧ ▶ T HV condenser AK diode dк $\sim \sim \sim$ **HV** transformer speed change speed IV change contact turntable fan Μ timer door switch secondary switch timer switch Control lock primary switch lamp lamp switch thermostat / magnetron -0 FUSE noise filter Ν

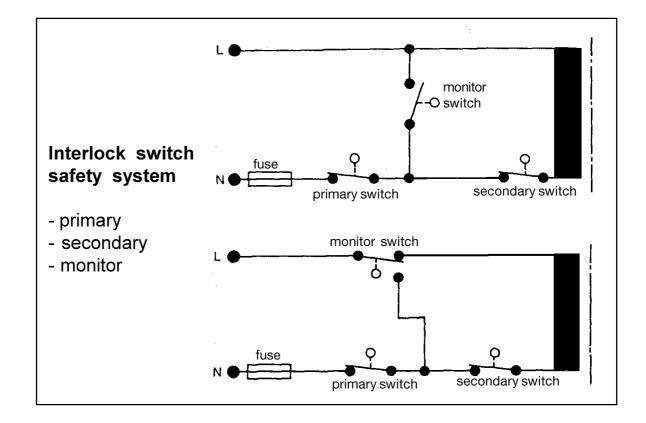
TSE-N 11.99 R.Kurzke Publ. N 599 507 161





#### Electric safety Systems.

Opening the door from the closed position should operate at least two locks. These locks control two different parts of the door so äs to reduce the effects of warping. These locks should cut off the microwave generator supply.



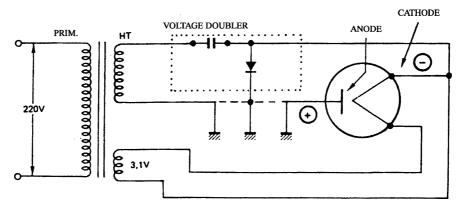
#### TRANSFORMER

This is made up of three coils :

- one primary coil,
- one secondary high voltage coil (HT),
- one secondary low voltage coil (LT).

When the transformer primary coil is supplied with 220V, two types of voltage are generated in the secondary coil:

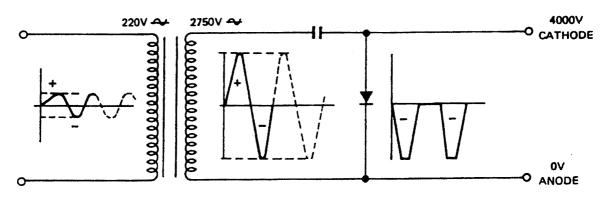
- **3,1 V at LT**, which is applied to the magnetron terminais. This voltage ensures that the cathode filament is heated.
- **2750 V at HT**, which is applied to the voltage doubler and the magnetron. One end of this coil and the magnetron anöde are connected to the oven earth.



## THE VOLTAGE DOUBLER

This doubler transforms the 2750 V alternative current into negative pulsated current of about 4000V. It is made up of two components :

- a condenser which Stores electrical energy for half a period.
- a diode which, together with the condenser, enables the alternating high voltage to be converted into negative voltage. It is installed opposite to the magnetron anodic current.



During the >0 (+) wave, the magnetron does not operate. The diode, polarised in the same direction as the current, enables the condenser to be charged.

During the < 0 (-) wave, the magnetron operates. The condenser Charge is added to the transformer's high voltage to provide **4000V** to the cathode.

The voltage doubler

1 condensateur

1 diode

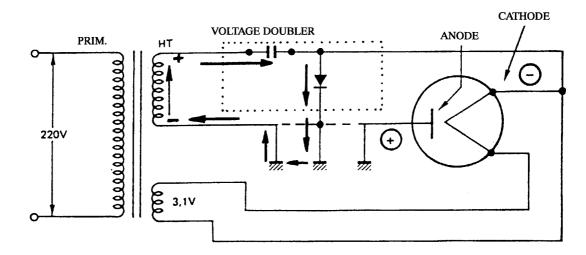
## CIRCUIT HAUTE TENSION

#### The transformer

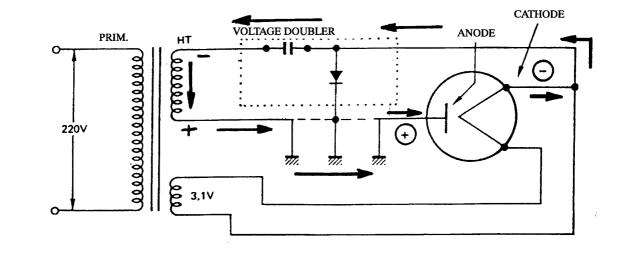
- 3 coils
- 1 primary (220V)
- 1 secondary LT (3,1V)
- 1 secondary HT (2750V)

#### OPERATION

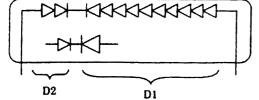
#### 1st wave (positive) : the condenser is charged through the diode.



2nd wave (negative) : the diode is blocked but the voltage from the condenser is added to that of the transformer. The 'double' voltage is applied to the magnetron, making the anode positive.

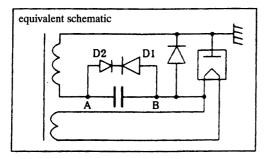


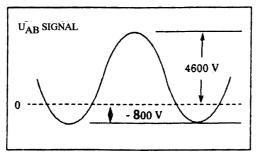
DIODE AK



Reverse strain voltage: Vr2 = 1200 V, Vr1 = 6000 V

NORMAL OPERATION





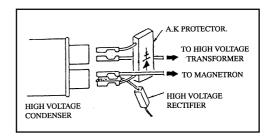
#### Negatives waves

- UAB max = -800 Volts
- D1 : Passing direction
- D2 : Reverse voltage lower than Vr2

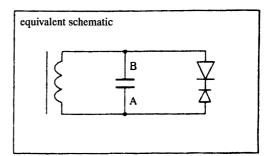
#### Positives waves

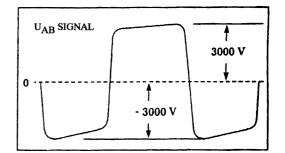
- UAB max = + 4600 Volts
- D2 : Passing direction
- Di : Reverse voltage lower than Vri

#### **OPERATION NOT DISTURBED**



#### SHORT-CIRCUITED DIODE

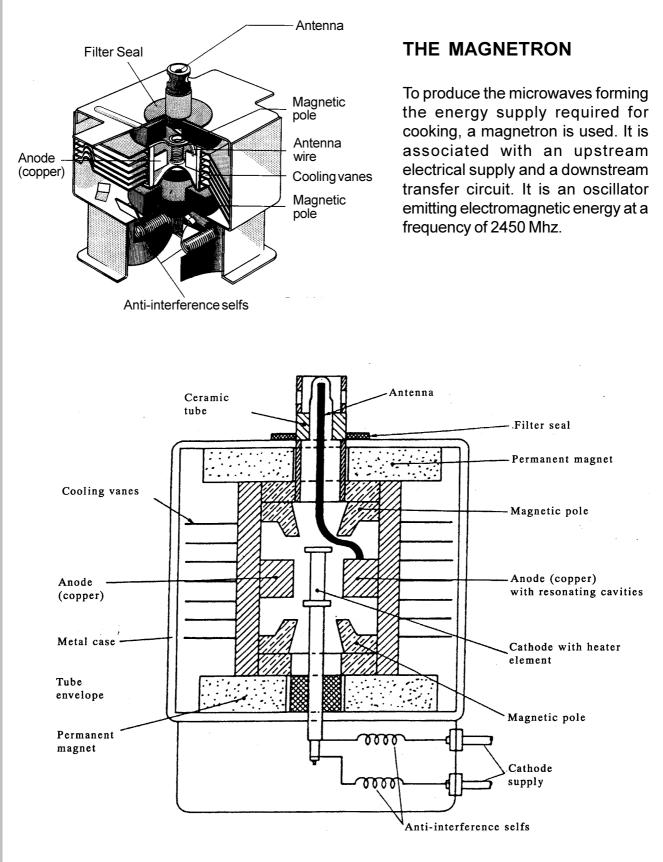




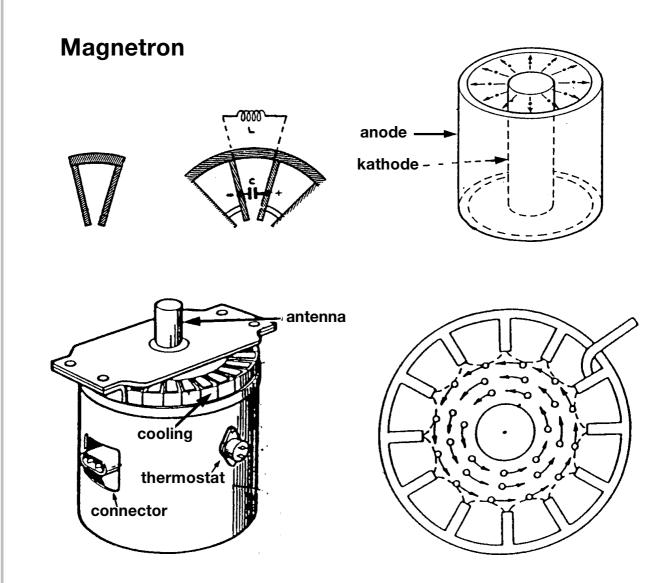
#### Negatives waves

- UAB max = -3000 Volts
- D1 : Passing direction
- D2 : Reverse voltage over Vr2 (1200 V)
- D2 strain causing it to short-circuit
- · Current in D1 too high, causing it to short-circuit
- Secondary coil short-circuited
- current too strong in the primary coil and fusion of the primary fuse

#### TRANSFORMER PROTECTED



#### <u>Note</u>: a two-bladed type heat safety device, fixed to the outside of the magnetron, cuts off the electrical supply if the temperature exceeds 120°C.



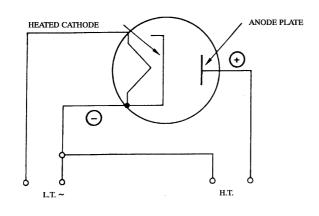
#### THE MAGNETRON

The magnetron unit combines the functions of a diode and an oscillator.

If there were no magnetic field, the electrons would move along a straight, even trajectory.

The presence of a permanent magnetic field (made up of two magnets) perpendicular to the electronic field, bends the electrons' trajectory and determines an orbital movement in the cathode space.

The curve radius is constant when the magnetic flow B is constant: The electron makes a circle arc.

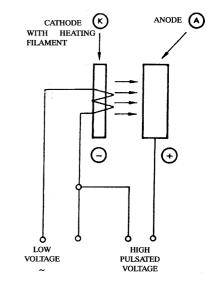


## THE MAGNETRON

Because of its basic design, the magnetron may be defined äs an empty diode. The cathode, heated by a low voltage filament, emits electrons (negative electric charges).

An electronic current Starts up between the cathode and the anöde when a high voltage (HV) is applied.

Considering the principle of a diode, the current is established when the cathode is negative in relation to the anöde. As a result, the current circulates in the negative half periods.



#### POTENTIAL OSCILLATOR FUNCTION

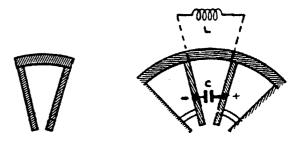
The magnetron is an oscillator capable of supplying electromagnetic energy at very high frequencies. The emissions are made by very short Impulses, followed by relatively long rests.

To emit, the magnetron uses :

- on the one hand, the movement of the electrons in the electromagnetic field,
- on the other hand, the anöde's resonating cavities.

The frequency is determined by the resonating cavities broken down into even numbers in the anöde terminal. These cavities form oscillating circuits.

In considering the resonating cavity, it can be thought of äs a certain number of spirals connected in parallel or as one large Spiral. The two ends, which are dose to one another at the narrow end of the cavity, engender a low value capacitance effect.



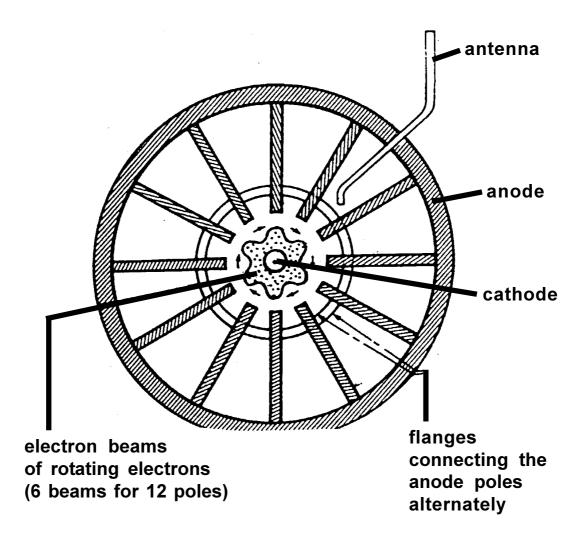
## THE MAGNETRON

The electronic field in the cathode-anode space creates a field in the slots separating the poles.

These poles are alternately positive and negative; the electrons group together in beams and turn.

The number of beams corresponds to half the number of poles in the anode.

The interaction between the electronic field and the resonating cavities generates high frequency oscillations (2450 Mhz), which are recovered by a coupling ring and emitted outside by the antenna.



# Measuring and Inspection - Important Notice

## PRECAUTION TO BE TAKEN BEFORE REPAIR WORK

Microwave technology involves the presence, when in Operation, of **high voltages** and radiation demanding special precautions during repair work.

- The door safety devices <u>must never</u> be put out of action.
- Operating tests must be carried out with something inside the oven : e.g. a Container of water.
- Never put metal Containers or objects inside the oven.
- When carrying out repair work with the casing removed, there are high voltages present during the cooking cycle.
- Extreme care should be taken at all times.
- Do not touch any of the components or electrical harnesses while the oven is operating.
- It is neither necessary nor advisable to measure the high voltages.
- When inspecting with the oven switched on, all measuring apparatus should be connected to the circuits by means of clamps or other suitable devices.
- Before touching any part of the oven's electrical circuit:

#### UNPLUG THE MAINS SUPPLY

- **DISCHARGE THE H. V. CONDENSER** by short-circuiting the terminais with insulated pliers.
- Avoid exposure to microwave radiation when in operating mode or in the event of faulty connections.
- <u>While disassembling :</u>
  Never look inside a wave guide while the generator is operating
- <u>While reassembling :</u> Make sure the connections, wave guide, seals and sealing are in good repair and reliable.
- Do not operate an oven with a faulty door (e.g. after an impact).
- After repairing, it is essential to inspect for microwave leakage using suitable apparatus.

Inspection for leakage is essential when carrying out work on the turntable motor, the doors, the hinges, the lock and the magnetron.

• In the event of repair work being carried out on the magnetron, (L. V. cathode inspection), put the H. V. out of action by disconnecting the condenser cable.

## **Power measuring**

"Easy way":



# 1 liter of water (17-24°C) 62 seconds full power

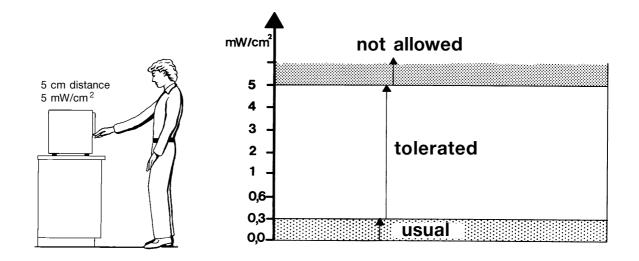
| temperature<br>difference (C°) | MW-output<br>power (W) |
|--------------------------------|------------------------|
| 7                              | 490                    |
| 8                              | 560                    |
| 9                              | 630                    |
| 10                             | 700                    |
| 11                             | 770                    |
| 12                             | 840                    |
| 13                             | 910                    |
| 14                             | 980                    |
| 15                             | 1050                   |
| 16                             | 1120                   |
| 17                             | 1190                   |
|                                |                        |

#### Important:

- use a thin material container
- start temperature if possible 20°C
- exact time
- thermometer showing tenth of degrees
- move water before measuring



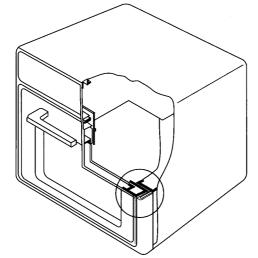
## Inspection for leakage

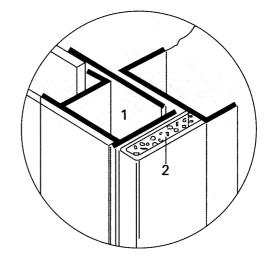


#### Mechanical safety system

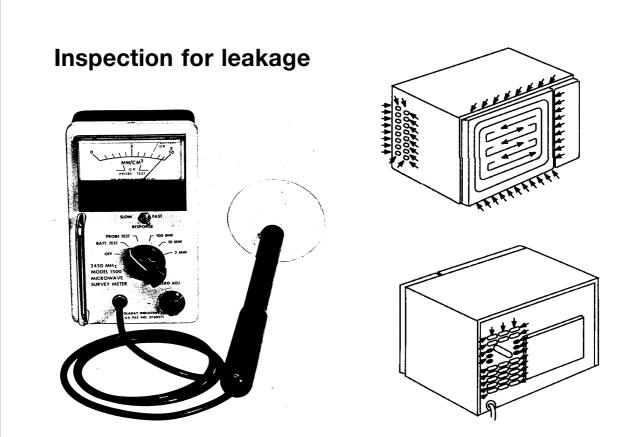
The purpose of these Systems is to limit as far as possible wave leakage between the door and the cooking area.

- flexible seal
- capacitive seal forming an electric field
- direct metal contact
- wave trap





quarter wave trap
 ferrit seal



#### REGULATIONS

In many countries, the accepted level of radiation through leakage, outside an oven is :

#### 5 mW/cm<sup>2</sup> max at a distance of 5 cm.

It should be noted that the vast majority of ovens made neverleak. In the event of a leak occurring, it is very unusual for it to exceed **1.5 mW/cm-.** This is very slight if one considers that the maximum density of a whole human body is :

#### 100 mW/cm- for 24 hours exposure.

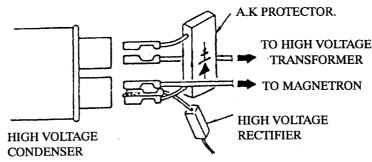
#### SAFETY MEASURES

So as to ensure risk-free Operation, microwave ovens share several safety devices :

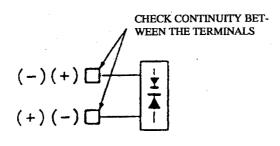
- the appliance cannot be operated if the door is not locked,
- opening the door during Operation cuts off the electrical supply,
- to avoid leakage, the door has several protective devices :
  - a selfic block filter,
    - a mesh which forms a Faraday cage with the cooking area
    - the door opening is fitted with a ferrite rubber seal which acts as a residual energy absorber-dissipater.

# **AK DIODE**

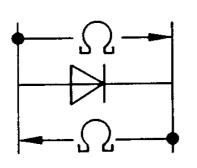
The high voltage wires should be connected to the condenser as shown in the following diagram:



WARNING: The AK protector should be connected to the high voltage condenser in the direction shown. If wrongly connected, the AK protector and füse may be damaged.



- Before carrying out any work, make sure the appliance is disconnected from the mains.
- Short-circuit the condenser using insulated pliers.
- Check the continuity of the AK protector in both directions using a megohmmeter.
- If there is continuity in any direction (R = 0 ohm), the AK protector is faulty.

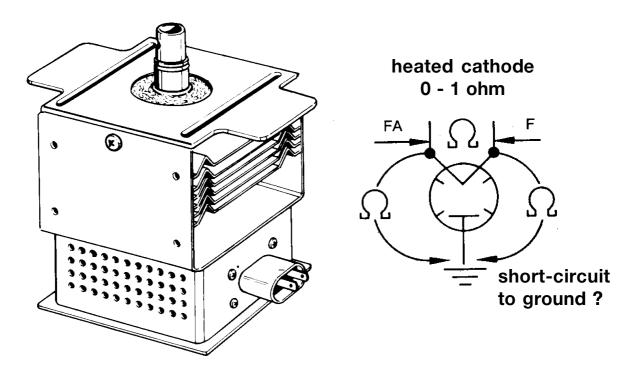


# DIODE

- Disconnect the mains supply
- Check the condenser discharge
- Disconnect the diode to measure it

Remark: Since the trigger threshold for the diode is 9V, it is impossible to measure the with a conventional checker.

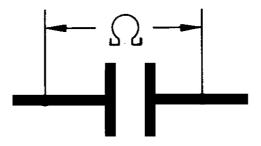
## Magnetron



#### Inspecting the magnetron (cathode filament)

- Disconnect the mains supply.
- Check that the condenser is discharged.
- Disconnect the magnetron.
- Measure the resistance between the disconnected terminais.
- The resistance of the cathode filament is about 0.5 ohm.
- Measure the resistance between the supply terminal and earth.
- The resistance should be infinite.

## High voltage condenser



| low resistance to high resistance | = | ОК            |
|-----------------------------------|---|---------------|
| continuous low resistance         | = | short circuit |
| continuous very high resistance   | = | interruption  |

#### • Checking the microwave condenser Charge

The voltage at the condenser terminals is measured in the following way :

U = Z x I

where Z represents the capacitance. This capacitance is equal to :

$$Z = 1 / Cw$$

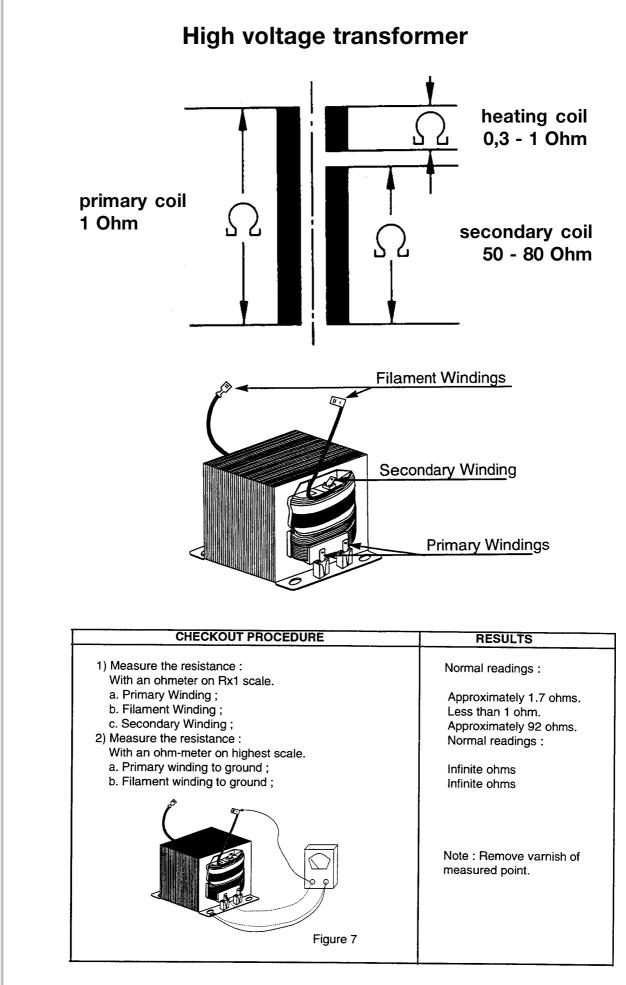
and w = 2 x phi x F, where F represents the mains frequency (here 50 Hz).

We can therefore associate these formulae so äs to obtain a general equality :

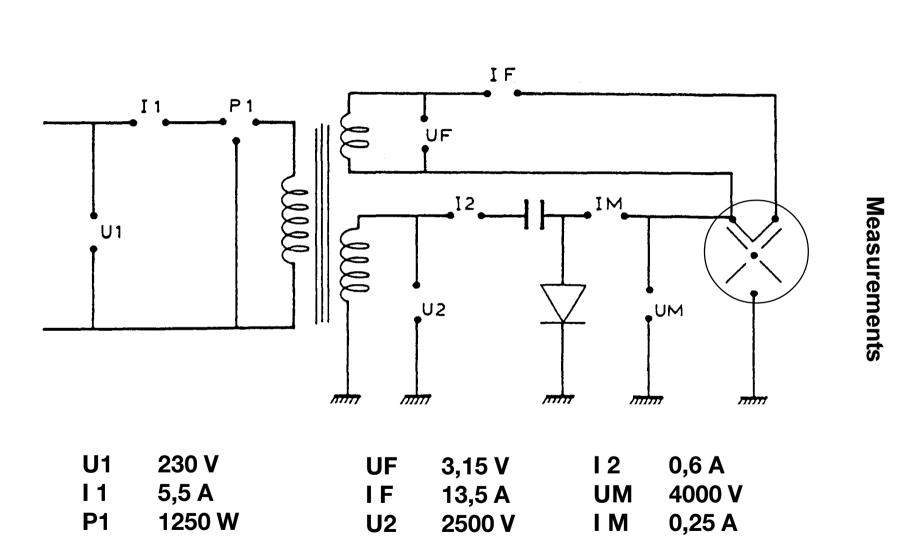
#### $U = I / C \times 2 \times phi \times F$

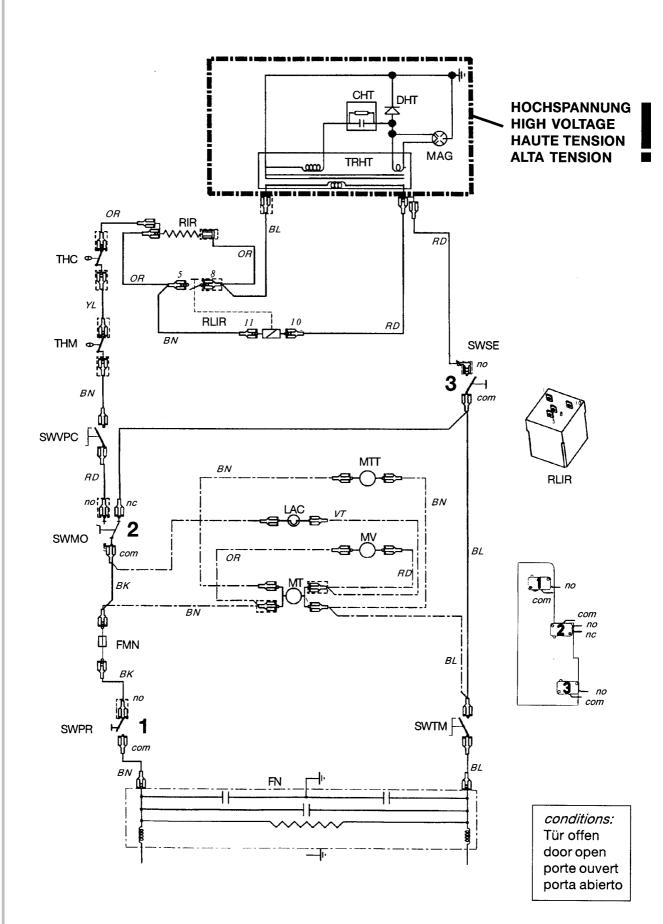
if we submit the microwave condenser to a voltage of 230V we can calculate its Charge current, that is :

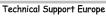
I = U x C x 2 x phi x F I = 230 x 0,9 .10-<sup>6</sup> x 2 x 3,14 x 50 I = 0,065 A

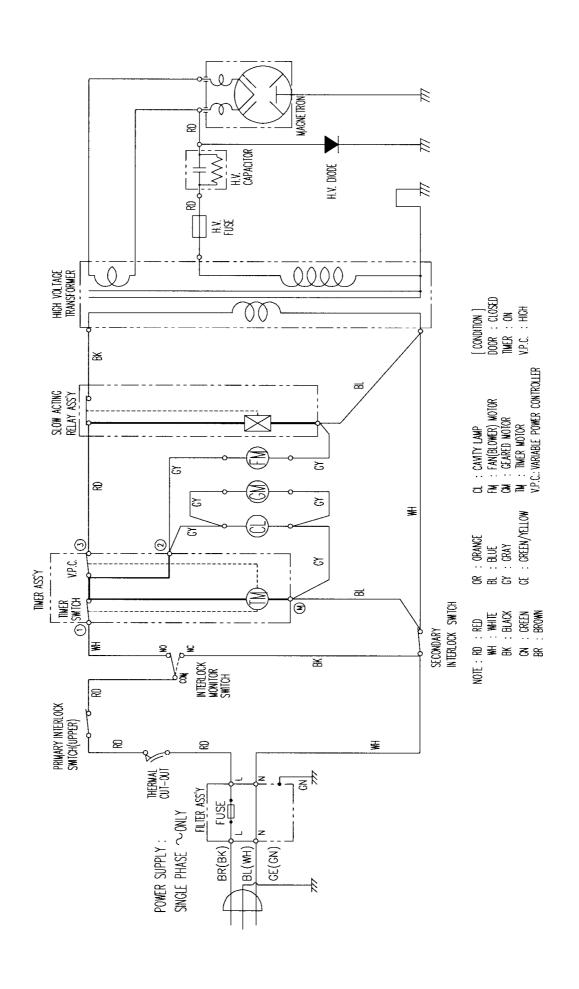


- 36 -

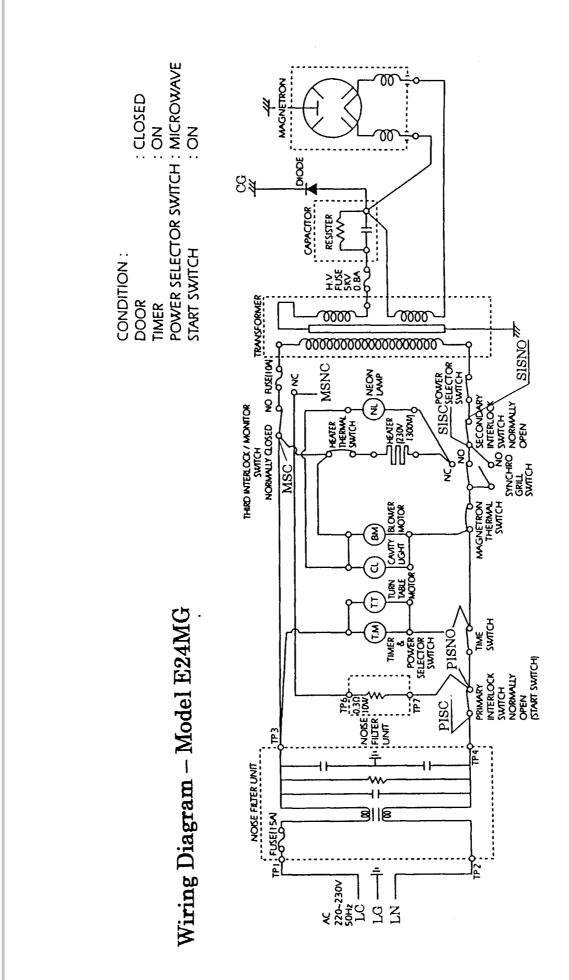


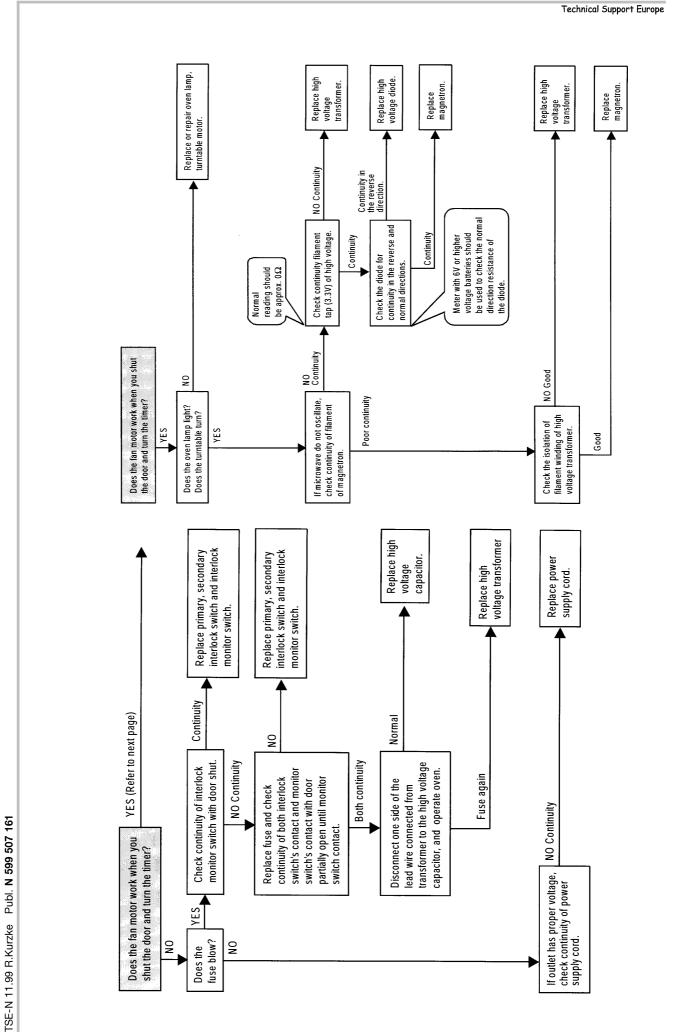


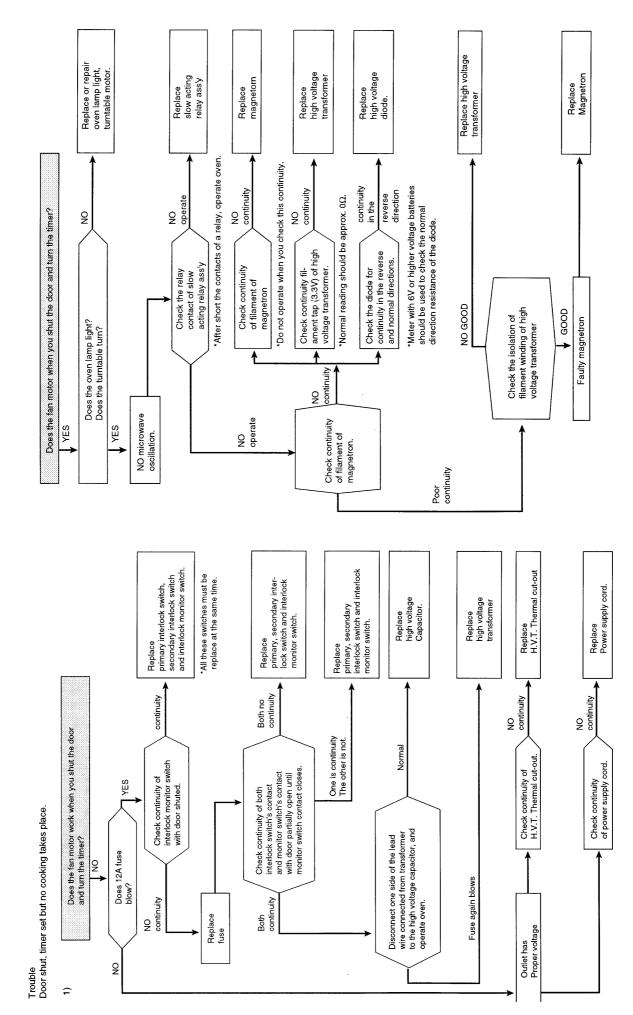




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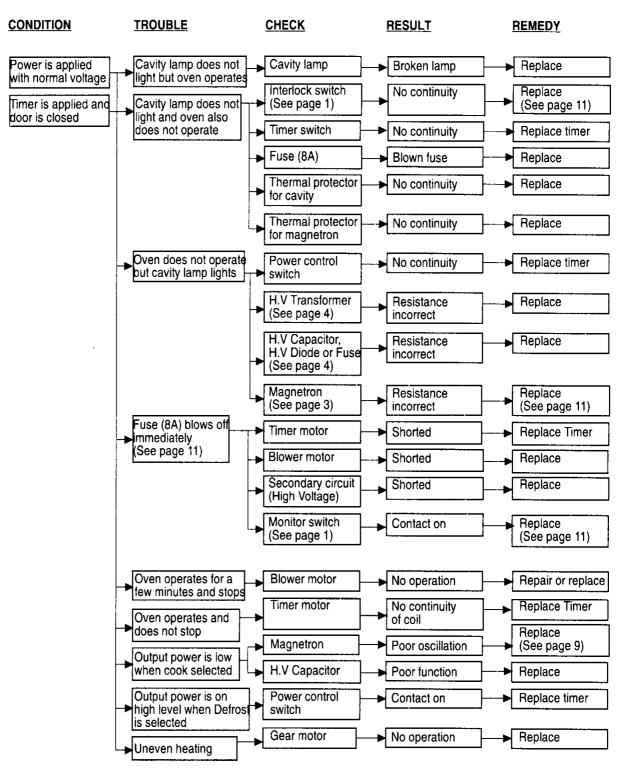






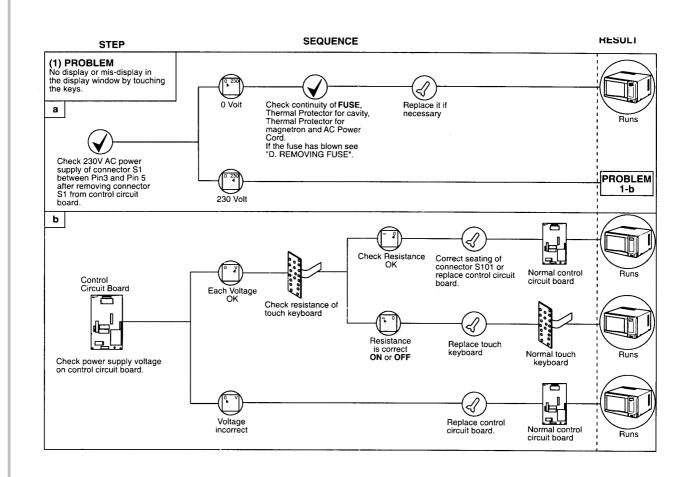
Technical Support Europe

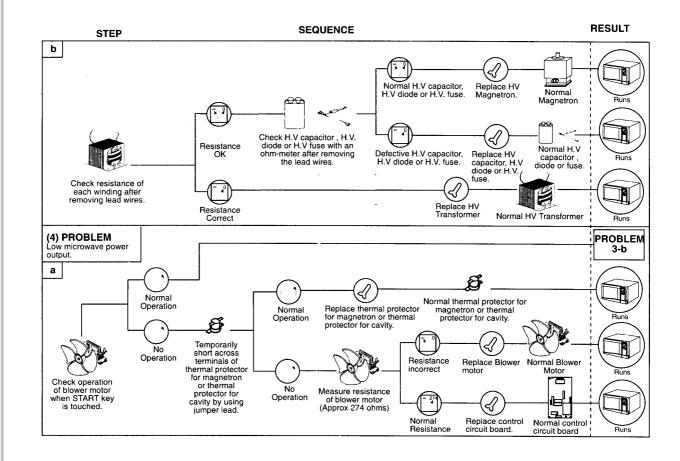
### 6. TROUBLESHOOTING FOR MODEL TYPES 5.70/5.70G/6.70/6.70G.



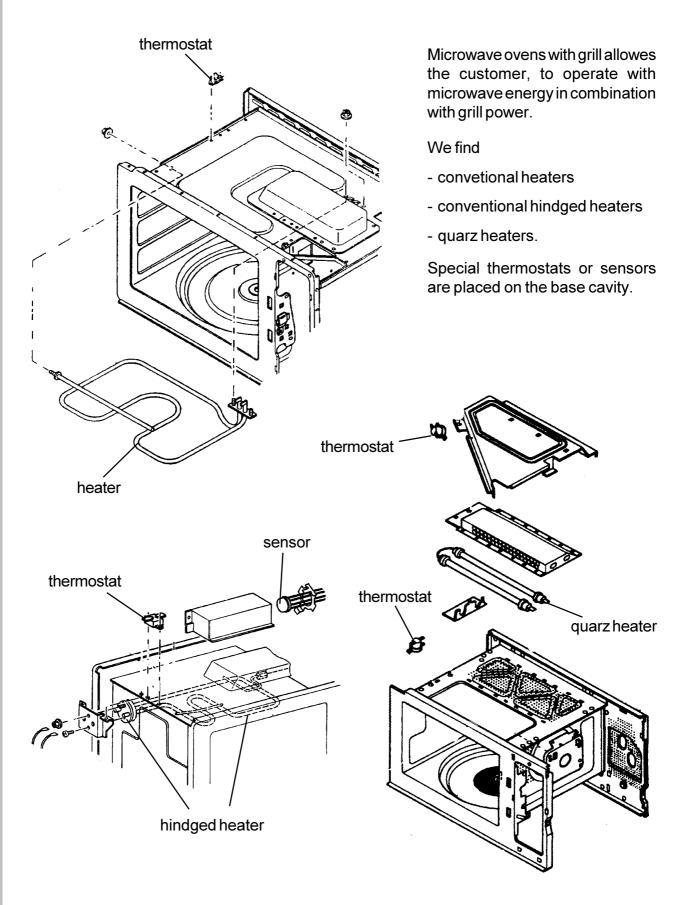
# Electrolux

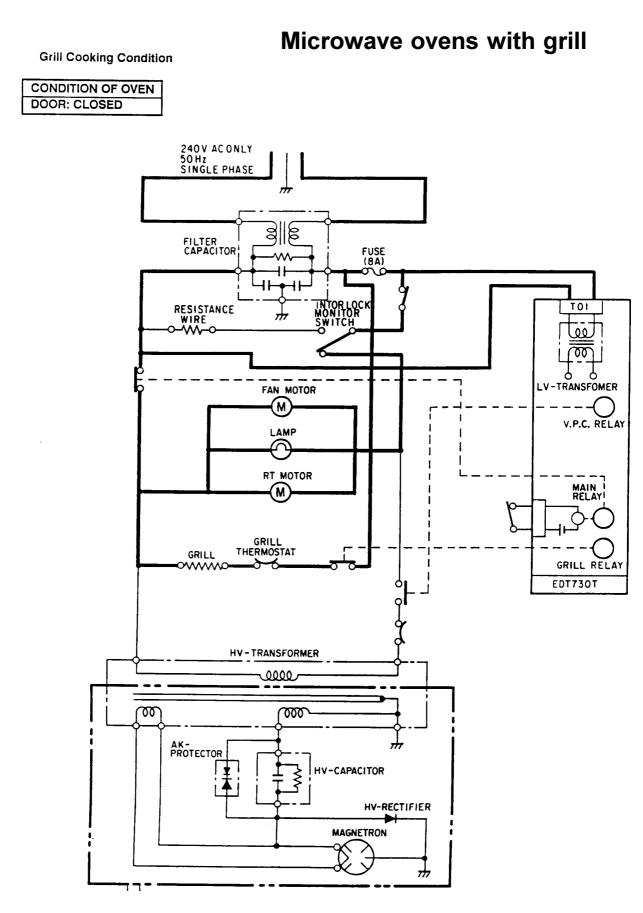
Technical Support Europe





# Microwave ovens with grill





### Example for models with PC Board

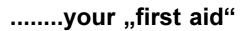
### Microwave ovens with grill Tür geschlossen door closed porte fermée Funkentstör-Filter filter noise Filtre Antiparasite Primärschalter primary switch Minirupteur primaire -0.56 л -184 Schalter Lampe lamp switch \_\_\_\_\_\_ Lampe minirupteur Lampe lamp Oberwachungsschalter Grillheizung monitor switch grilelement Chauffage de voûte-gril Minirupteur controle Temperaturregler Sekundärschalter thermostat C secondary switch Régulateur de température Minirupteur secondaire 日 0-Punkt-Schalter 0-point-switch Relais "Start" relay "Start" 0-Point-Rupteur Kontakt-Timer м contact-timer Timer contact-minuterie Minuterie Kontakt variable Leistung contact VPC M Lüfter Contact variateur puissance fan Ventilateur Μ Drehteller Startschalter turntable startswitch Rupteur Start Plateau Relais Verzögerung Protektor Magnetron AC-relay Relais puissance thermostat magnetron Limiteur temperature magnetron 201 20W **HV**-Transformator **HV-Kondensator** Schutzdiode diode, protection -Diode de protection HV-Diode i Magnetron

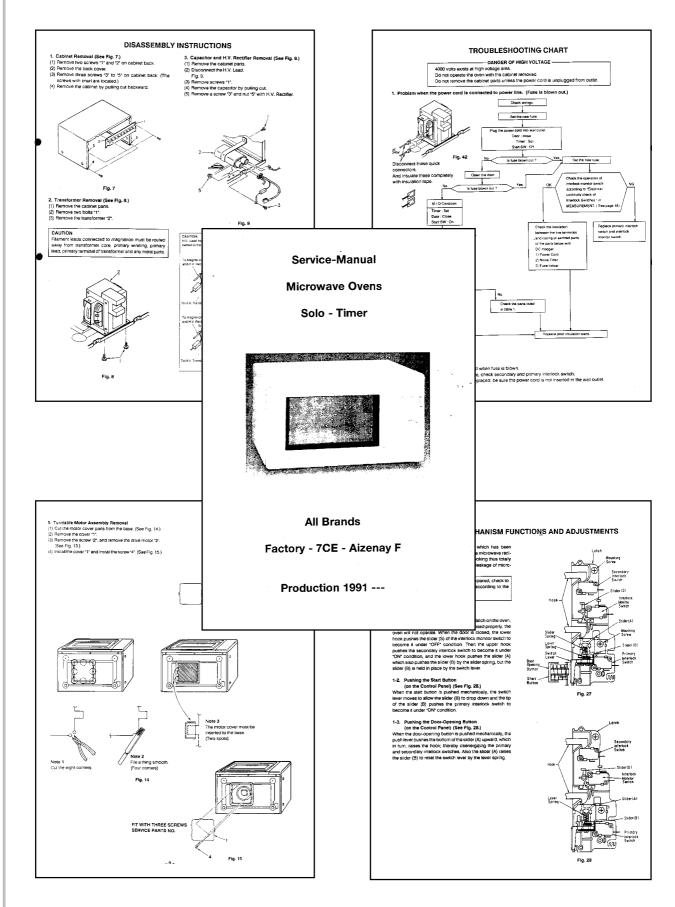
# Example for models with Timer

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# Service Manuals .....





# **Custoumers support**

# Practical tips for use

### General

- After switching off your appliance, let food stand inside for a few minutes to allow even heat distribution (standing time).
- Remove any aluminium foil or metal containing packaging before preparing the food.
- Metal objects must be placed at least 2 cm away from the cooking space walls and door. Otherwise arcing can occur, resulting in damage to the appliance.

### Cooking

- Whenever possible cook covered. Only pastry dishes with crust should be cooked uncovered.
- Refrigerated or frozen food require longer cooking times.
- Foods containing sauces should be stirred from time to time.
- Cook sott vegetables such as carrots, peas and cauliflower with a little water.
- Cook soft vegetables such äs mushrooms, peppers and tomatoes without liquid.
- Increase cooking time by approximately 50 % for (arger pieces. Whenever possible, cut vegetables into equal-sized pieces.

## Defrosting of meat, poultry and fish

- Place frozen, unpacked meat on an inverted plate in a glass or porcelain Container, or use a sieve, so that the meatjuice can drain.
- Haifway through defrosting, turn the food, dividing it where possible and removing the pieces that have defrosted.

### Defrosting of butter, pieces of layer cake and cottage cheese

- Do not fully defrost in the appliance, but leave to adjust outside. This will give a more even result.
- Remove any metal or aluminium foil packaging and/or accessories before defrosting

### Defrosting of fruit and vegetables

- Fruit and vegetables that are to be used raw later should not be fully defrosted in the appliance, but left to complete defrosting at room temperature outside.
- Fruit and vegetables that are to be cooked immediately afterwards can be cooked straight from frozen using a higher power level.

### Ready made meals

- Ready made meals in metal packages or plastic Containers with metal lids should be heated or defrosted in your microwave oven only if they are explicitly marked as being suitable for microwave use. Please follow the operating instructions printed on the packages (e.g. remove the metal lid and prick the plastic foil).

# What else to note...

- Whenever heating liquid, please also place a teaspoon in the container to avoid delayed boiling. During **delayed boiling**, the boiling temperature is attained without the typical steam bubbles rising. When the Container is shaken, even but slightly, the liquid may then suddenly vigorously boil over or spurt - with the **risk of scalding the user**.

- **Food with «skin» or «peel»**, such as potatoes, tomatoes, sausages, and the like, should be pierced with a fork so that any steam present can escape and the food will not burst.

- Make sure that a **minimum temperature of 70°C** is attained for the cooking/heating of food. Never use a mercury or liquid thermometer for measuring the temperature of the food.

- Food comes in all shapes, sizes and textures. The quantities also vary. For these reasons the time and amount of energy needed to defrost, heat or cook will also vary. As a general rule :

## Double the food = nearly double the time

- Please refer to the cooking charts. To be on the safe side, always select the shorter cooking time. Then extend the time as necessary.

- Microwaves work by making the food heat itself up. Because of this, not all areas of the food will be heated at the same time. When heating larger quantities of food, it is particularly important to stir or turn them over.

- "Standing time" is referred to in the cooking charts. This is the time you should leave the food to stand without power (either inside or outside the appliance). This ensures even distribution of heat throughout

- The food is too dry. Set a shorter cooking time or reduce the microwave power Output.

- **The food is not yet defrosted.** Select a longer programme time heated through or cooked on or a higher microwave power completion of programme time. setting. Note that larger food will require a longer time.

- **The food is overcooked**. On the Next time, try a lower power outside and undercooked in the setting for a longer time. Stir middle on completion of cooking liquids, such as soup, periodically. time.

## Please find more support in the users manuals and servive manuals!

# Notes on microwave power levels

The following list shows you the power settings and what they can be used for during microwave Operation :

| 750 Watt – Heating liquids  |
|---|
|   |
| <b>700 Watt –</b> - to start a cooking sequence, Start roasting,  |
| - stewing, etc.   |
| - cooking vegetables  |
| - cooking dishes  |
| 600 Watt – defrosting and heating of deep frozen ready made meals |
| 500 Watt – - heating refrigerated ready made meals                |
| - finish cooking casseroles<br>- cooking egg based dishes         |
| - cooking egg based dishes  |
| 450 Watt - finish cooking dishes                                  |
| <b>350 Watt –</b> - cooking ofdelicate dishes                     |
| 250 Watt – - heating baby food in glassjars                       |
| - soaking rice  |
| - soaking rice<br>- heating delicate dishes                       |
| - melting of gelatin  |
| <b>150 Watt –</b> - defrosting meat, fish and bread               |
| 80 Watt defrosting cheese, cream and butter                       |
| - defrosting cakes with cream or butter icing                     |
| - to let dough rise   |
| - warming cold dishes, drinks, softening butter                   |